

What Do I Want?

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- Putting It All Together

What Do I Want?

What Do I Want?



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Realistic Goals

Different Types of Goals

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Introduction



In Section 1, you learned about yourself and identified some dreams.

In Section 2, you will learn how to:

- Find careers that fit you
- Write goals that lead to success.

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What Do I Want?



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What's Missing?

Are your strengths, skills, and personality all you need to know when developing goals?

I don't think so!



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Realistic Goals

To set realistic goals (goals that fit you and are achievable), you need to think about:



The education/training that may be required



How much money you need to support the type of life you want

Different Types of Goals

Education and employment goals are the foundation for your personal goals.



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Focusing on Career Goals

You will learn the steps needed to achieve career goals. However, these tools can be used for any goal in your life.





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Successful Career Planning

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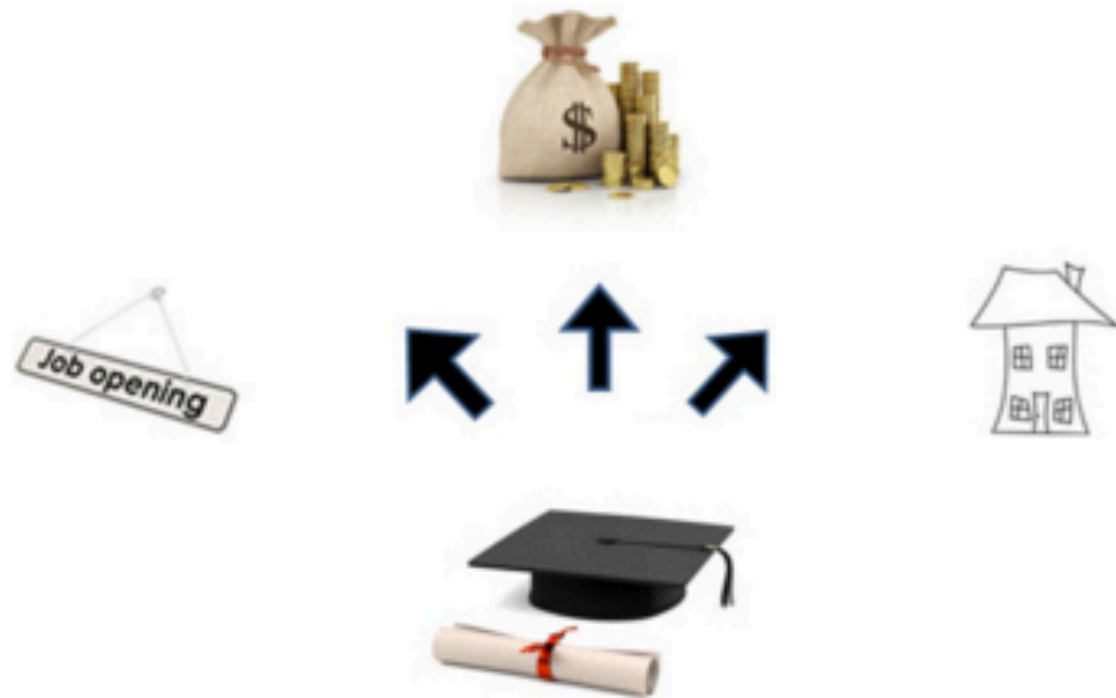
Education Goals

Next Steps

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Making Decisions

The decisions you make now — the classes you take, your school activities, and your outside interests — will affect what options you have in the future.



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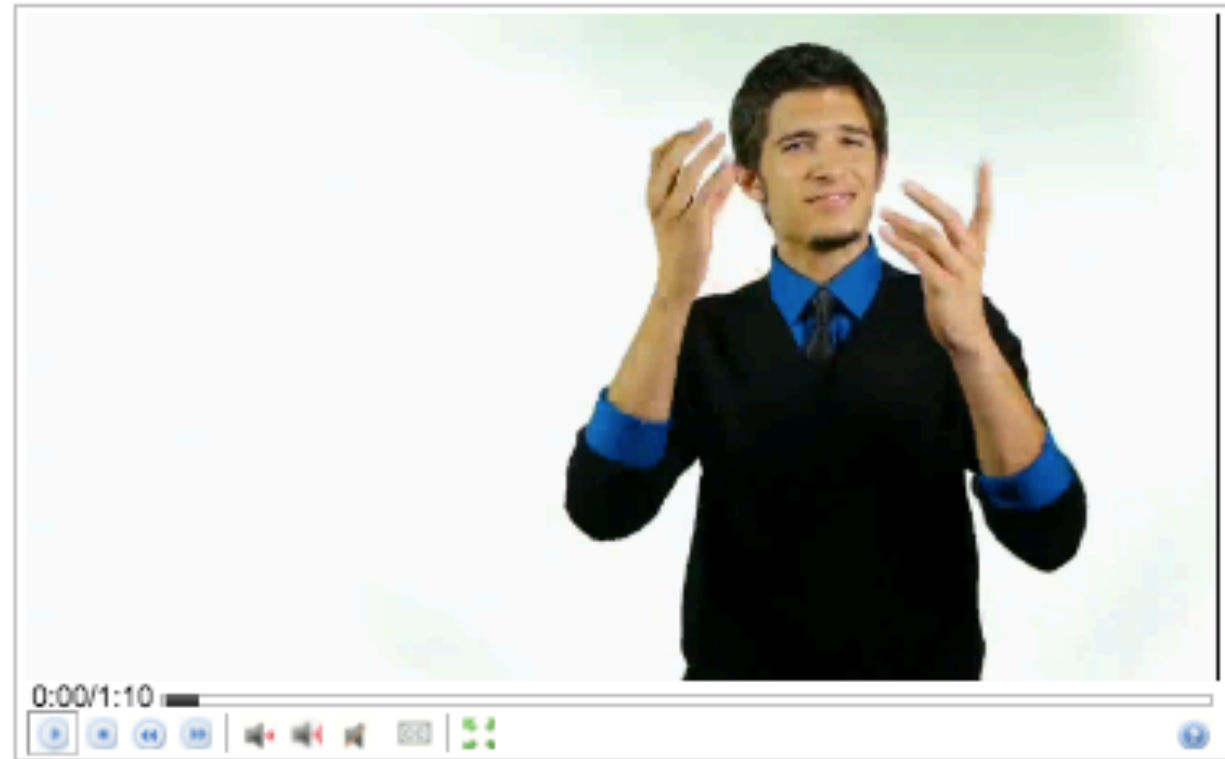
Job Shadowing

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Planning Your Career



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Successful Career Planning



- 1** Know yourself: identify your values, interests, hard and soft skills
- 2** Explore your options
- 3** Find out more about the job by asking others in that field
- 4** Get experience: volunteer, job shadow, work part-time



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Your Goals

Options and Opportunities



Part Time Jobs



Volunteer Opportunities

0:10/1:25



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Learn More

Get more information NOW!

Click on an image to learn more.



Internship



Job Shadowing



Volunteer



Site Visit

Internship:
You are supervised by someone working in a job that you are learning about.



Interview



Career Counselling



Ask for Advice



Study

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Student Goals

*Click on each image to see the information.

Brandon



My dream was to be a mechanic

I was pretty sure I wanted to be a mechanic so I **volunteered** at my uncle's shop and found out that I loved it!

Marissa



I thought I wanted to work with children but found out I had to change diapers!

Good thing I **interviewed** the daycare teacher before I made a decision on my career!

Darcie



I always wanted to be a nurse but getting more information helped me decide.

I **shadowed** a nurse on the job for a few days.

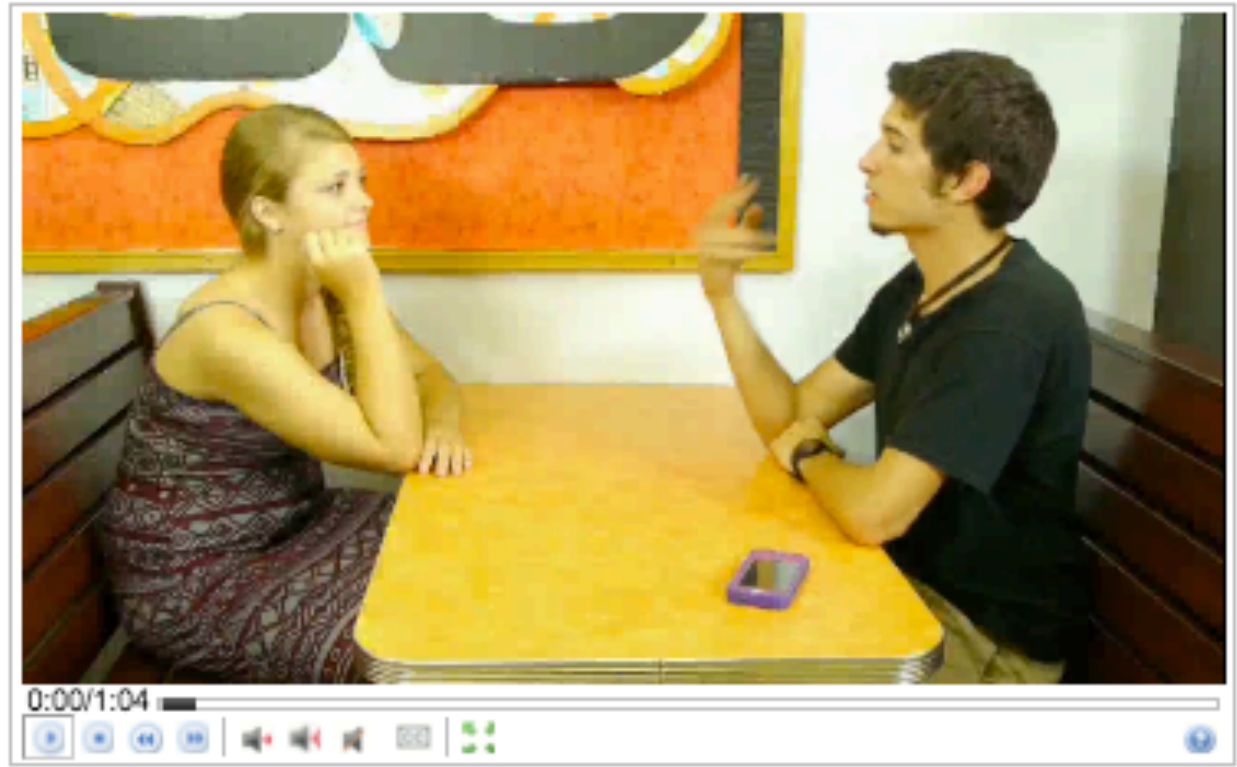
Then I **got advice** from my career counselor.

Finally, I **interviewed** my aunt about her experience.

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Job Shadowing



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Education Goals

▶ Education and Training

Education and Money

Money Supports Goals

Brandon's Training Goal

Work and Money

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SMART Goals

Goal Setting

Education and Training

Review Character Profiles:

Every career requires a different type of training or education. Choose the type of training that best fits you.

- High School Certificate of Completion:**
Modified diploma (varies by state)



- High School Diploma:**
Given for successful completion of state-approved high school curriculum

- Certification or License:**
Awarded when training is completed and after passing a skills or knowledge test

- Associate's Degree:**
2-year college degree from a community college

- Bachelor's Degree (BA):**
Requires 4 years of college

- Master's Degree (MA):**
Requires a BA degree + 2 years of additional college

- Doctoral Degree (PhD, MD):**
Requires a BA degree + 2-4 years of additional college

Submit



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Education Goals

Education and Training

Education and Money

Money Supports Goals

Brandon's Training Goal

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Education and Money

Research shows that there is a relationship between how much education or training you have, and how much money you earn.



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Money Supports Goals

Different jobs will pay different amounts of money. Money isn't everything, but you need it to support your life goals.



Brandon's Training Goal

Whoa, whoa, whoa!

I didn't realize that auto mechanics who have training certificates make more money than the ones who just have high school degrees. I'm so glad I know that now so I can get the right training and make more money.



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Work and Money



Alright, alright...

I get it. It's all connected — my job, the money I will earn, and the options I will have. It's time to get that job! But how?



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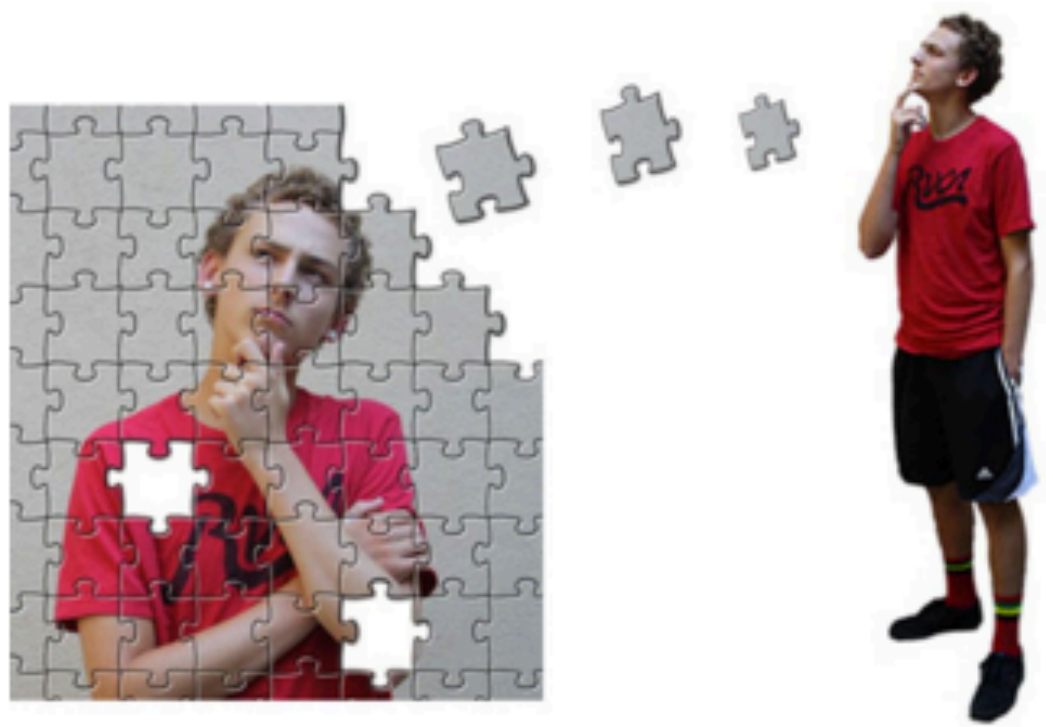
Goal Setting

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What's Next?

Now that I have all the pieces, how do I figure out which job or career is the right one for me?



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Making It Fit

There are a lot of jobs in the world. Finding the one that fits you takes a little work.





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Identity and Personality

Jobs that fit match your identity and personality.

Mr. Ross said personality is important when choosing a career.



I wonder what types of jobs fit my personality? I need to check!

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Personality and Jobs

Your Personality Code

ISFJ

Click on your personality code for information on matching careers.

ISTJ	ISFJ	INFJ	INTJ
ISTP	ISFP	INFP	INTP
ESTP	ESFP	ENFP	ENTP
ESTF	ESFJ	ENFJ	ENTJ

Understanding Your Personality

- Introvert
- Sensor
- Feeler
- Judger

Some career areas that match with ISFJ personality

- Interior decorators
- Child care workers
- Gardeners
- Fashion designers
- Medical technologists
- Guidance counselors
- Elementary school teachers
- Managers
- Librarians
- Nurses

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Now What?

Yeah, but now what?!

I read the jobs listed for my personality code. Interesting! How do I know which job is the best fit? Mrs. Sanderson said I should look at the Career Clusters - but what's that?



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Introduction



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Explore Career Clusters

Career clusters are groups of jobs that require similar knowledge and skills. Ready, set, explore!



Agriculture, Food & Natural Resources



Arts, A/V Technology & Communications



Science, Technology, Engineering & Math



Business, Management & Administration



Finance



Architecture & Construction



Education & Training



Hospitality & Tourism



Government & Public Administration



Health Science



Law, Public Safety, Corrections & Security



Human Services



Information Technology



Transportation, Distribution & Logistics



Manufacturing

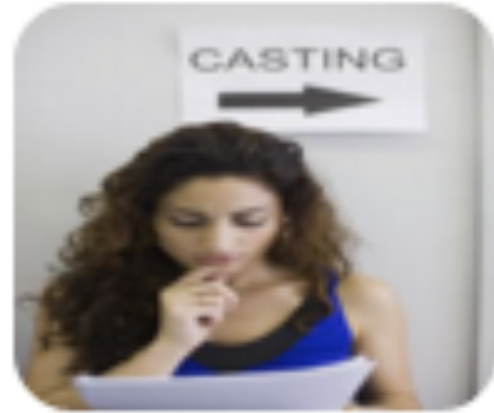


Marketing



 Agriculture, Food &
Natural Resources





 Arts, A/V Technology
& Communications





 Science, Technology,
Engineering & Math





$$\begin{aligned} \log_2(x+2) + \log_2(x-4) &= 4 \\ (x+2)(x-4) &= 16 \\ x^2 - 2x - 8 &= 16 \\ (x-4)(x+2) &= 24 \end{aligned}$$



 Business, Management
& Administration







 Architecture &
Construction







 Hospitality
& Tourism





 Government &
Public Administration





 Health Science





 Law, Public Safety,
Corrections & Security





 Human Services





 Information
Technology

The logo for Information Technology, featuring an orange square icon with a white cross-like shape inside, followed by the text "Information Technology" in a blue sans-serif font.



 Transportation,
Distribution & Logistics





 Manufacturing





Sold Marketing



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Allison's Career Clusters

I wasn't sure what I wanted to do, so I picked three career clusters to learn more about.

 Arts, A/V Technology & Communications

 Education & Training

 Human Services





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Career Clusters: Your Turn

Review Character Profiles: - Select -

Which three career clusters do you want to learn more about?

1.

2.

3.

Submit

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Choosing One Job

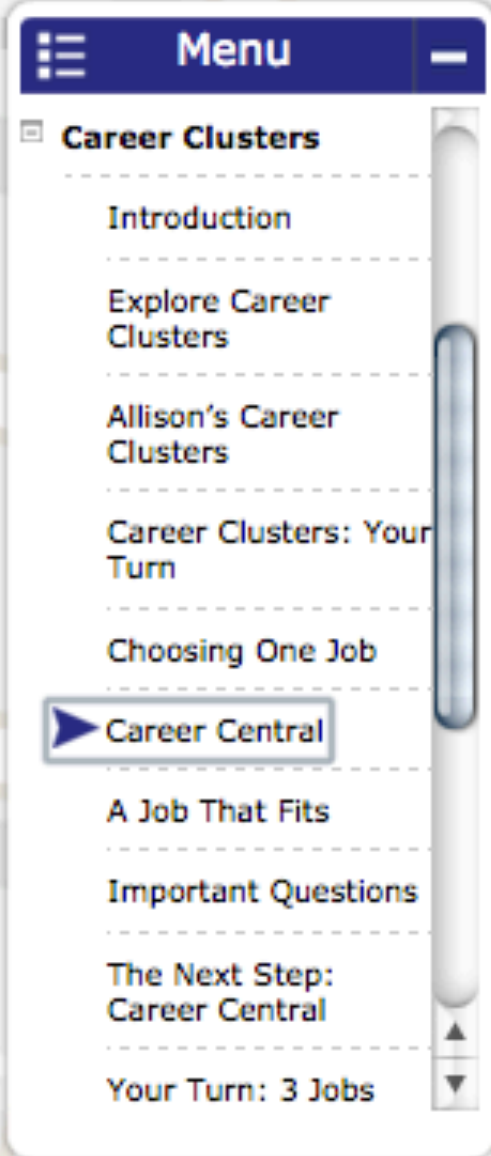
Way to go! You identified some career clusters that fit you.



BUT...

Every career cluster has so many jobs. How do I pick just one?





Career Central

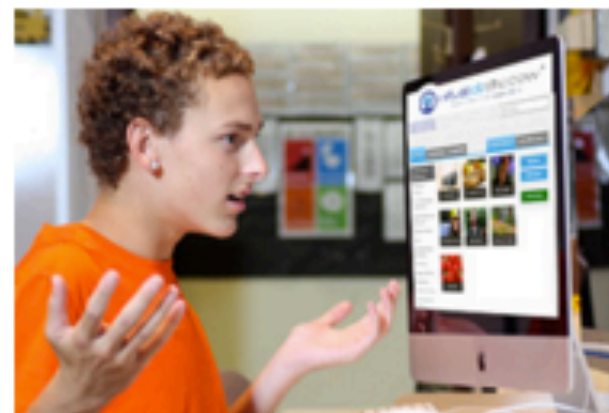
No problem, Sam! Check out **Career Central**. You can check out jobs electronically.

You can learn about:

Job: Responsibilities, duties, and job description

Salary: Amount of money a worker earns

Education/Training: Schooling or degree required for the job.







...at the click of a button!

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A Job That Fits

When you are looking at jobs, remember to think about:

-  identity
-  academic abilities
-  expected job duties (what you want to do)
-  expected salary range (how much money you want to earn)

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Important Questions



Things to think about:

What would you do every day at work?

Would you work alone or with people?

Would you be the only deaf person?

Would you work in an office or outdoors?

Would you need to lift and move heavy things?

Are there many jobs available in this field (job outlook)?

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The Next Step: Career Central

Search [Career Central](#) for jobs that might be a good fit for you. Click on jobs in Career Central to explore. Then, pick three jobs you want to learn more about and list them on the next page.

Click the text link or picture below to open Career Central. After you look around, come back and answer some questions about the jobs you find.

If you reach a log in page for VJS please allow cookies for all pages. Please [click here](#) to download and see the PDF on how to enable cookies in your browser.

The screenshot shows the Career Central website. On the left is a navigation menu with categories like Agriculture, Food and Natural Resources; Architecture and Construction; Arts, A/V Technology and Communications; Business, Management and Administration; Education and Training; Finance; Government and Public Administration; HEALTH SCIENCE; Hospitality and Tourism; Human Services; Information Technology; Law, Public Safety and Security; Manufacturing; Marketing, Sales and Service; Science, Technology, Engineering and Mathematics; and Transportation, Distribution and Logistics. The main content area features a search bar with filters for 'CLUSTERS' (Health Science, Education, Business) and 'LEVEL' (Career, Postsecondary, All). Below the search bar is a grid of 16 video thumbnails for various careers, including Certified Medical Assistant, Certified Nursing Assistant, Emergency Medical Technician, Health Geographer, Health Information Technician, Hospital Admissions Representative, Laboratory Assistant Technician, Laboratory Research Technician, Nurse - Critical Care, Nurse - Operating Room, Nurse - Trauma, Nutritionist, Occupational Therapist, Paramedic, Physical Therapist, and Physician - Sports Medicine.

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Your Turn: 3 Jobs

Review Character Profiles: - Select -

List 3 jobs you found on **Career Central** that you think are a good fit for you.

1.

2.

3.

Submit

[Your Turn: 3 Jobs Submission 1](#)

[Your Turn: 3 Jobs Submission 2](#)

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- Your Turn: Does It Fit?**

Your Turn: Does It Fit?

Review Character Profiles: - Select -

To see if a job is a good fit, answer the following questions:

Step 1: What are the duties and responsibilities for the job?(Job description)

Step 2: How much education/training is required?

- High school Certificate of Completion
- AA Degree
- High School Diploma
- BA Degree
- GED
- MA Degree
- License
- PhD

Step 3: Will the salary be enough to meet your needs?

- Yes
- No
- Maybe
- I'm not sure

Step 4: Are there many jobs available in this field (job outlook)?

Step 5: Is there anything that could stop you from achieving this goal?

Submit

[Your Turn Submission 1](#)

[Your Turn Submission 2](#)

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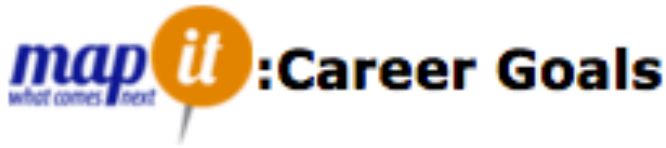
Career Goals Should Fit You!



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Importance of Goals



Goals help you focus on the things you want

Goals are individual

Goals help you take control of your life

Goals help you make good decisions

Goals help you work better with your team members

Goals make it easy to see your progress

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Sam's Next Step

I know the career I want.
Now I have to write down that goal so I can get there.



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Introduction



Developing SMART goals



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SMART Goals

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Writing SMART Goals

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Definition



Specific: Describe your goal in as much detail as possible. The more detail, the better.



Measurable: You know if you have achieved your goal.



Attainable: You can complete the goal. It might not be easy and it might require a lot of work, but it fits your skills, strengths and personality.



Realistic: The goal is important to you and it is something you want. It fits with your values and beliefs, and you are prepared to do the work.



Time-specific: You have to set a deadline to achieving your goal.

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Explanation



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Steven's SMART Goals



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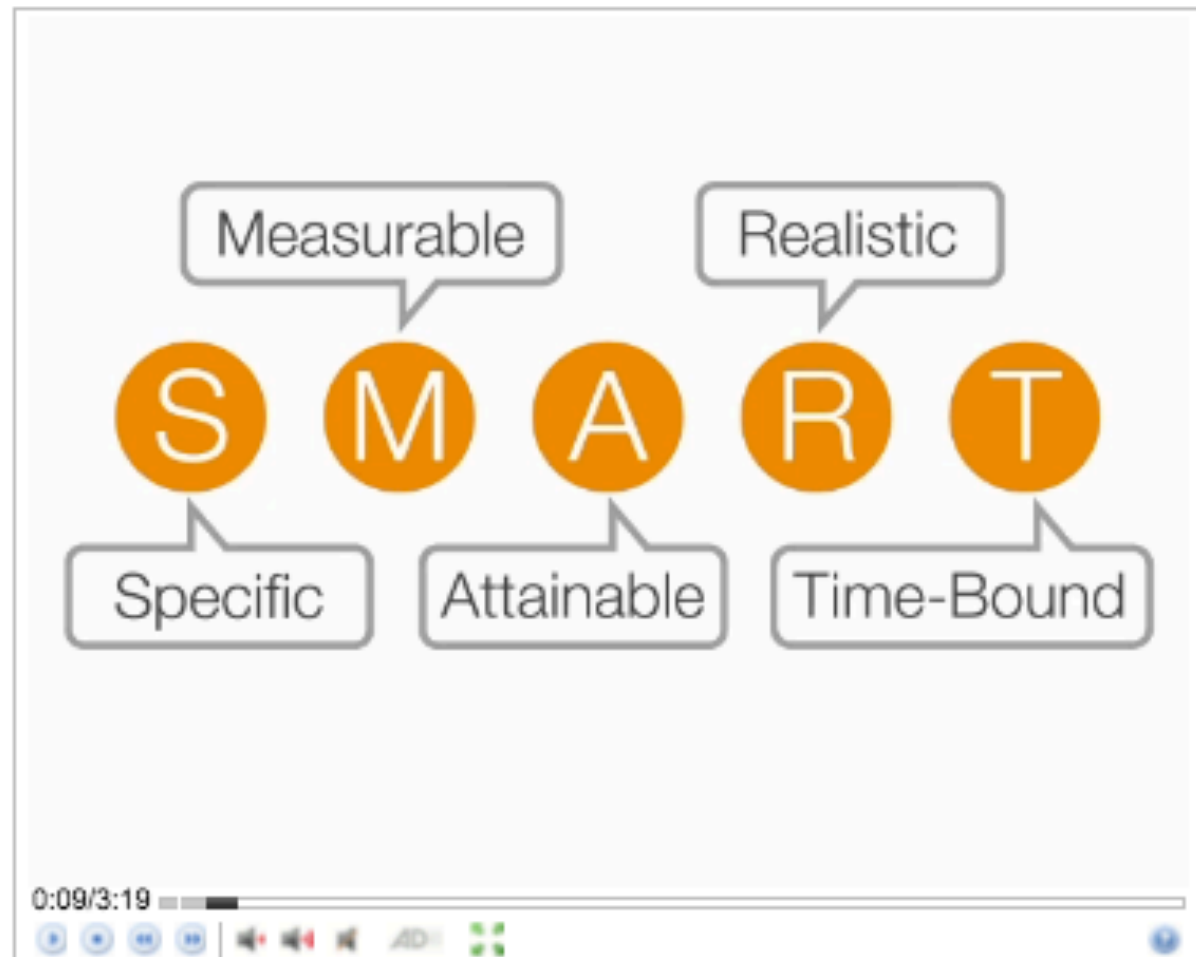
Darcie's SMART Goal

Brandon Writes a Goal

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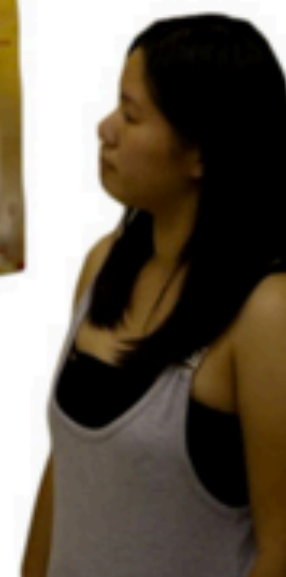


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Writing SMART Goals

Writing goals that are **SMART** takes practice.

Let's check out Darcie's **SMART** goal related to becoming a nurse.



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Darcie's SMART Goal

My goal is to become a pediatric nurse. I will enroll in a two-year nursing program and work at a children's hospital when I graduate.

Smart	Yes, it is specific because I list the kind of nurse I want to become and where I want to work.
sMart	Yes, it is measurable because I will get an RN degree when I complete this goal.
smArt	Yes, I know it is attainable because I have the hard skills (I'm good at math and science) and the soft skills (I'm good with people).
smart	Yes, it is realistic because it fits me. The training is close to where I live and I'm willing to do the work required.
smart	Yes, it is time-specific because the program lasts two years and has a clear start and end date.

Brandon Writes a Goal

Let's check out
Brandon's **SMART** goal
related to becoming an
auto mechanic.



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Brandon's SMART Goal

My goal is to become an auto mechanic. I will enroll in a two-year program at the College of Technology while continuing to work part time for my uncle.

Smart	Yes, it is specific because it lists the program and certificate I want to complete.
sMart	Yes, it is measurable because I get an auto mechanic certification.
smArt	Yes, I know it is attainable because I can graduate from high school and get into the College of Technology.
smart	Yes, it is realistic because I already worked with my uncle, and I know I want to be an auto mechanic. My grades in high school aren't great, so I have to work hard and make sure I can graduate. With a high school diploma, I can get into the program I want.
smart	Yes, it is time-specific because it is a two-year program and I will get a certificate when I graduate.

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Your Turn: SMART Goals

Use this form to write a few different SMART Goals. Each goal you write will be saved in your portfolio.

Review Character Profiles: - Select -

GOAL:

Smart	<input type="text"/>
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Darcie's Goals: First
Step

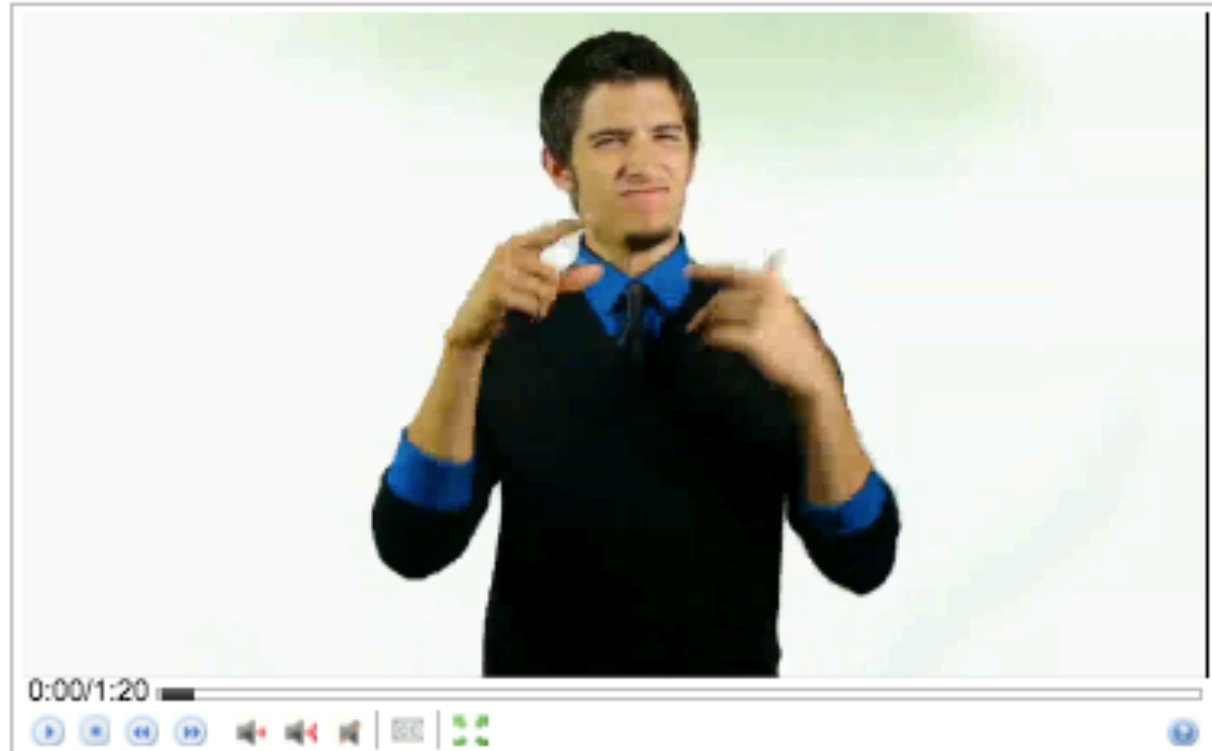
Darcie's Goals: Short
Term Goals

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Darcie's
Goals: Roadblocks

Your Turn: Goals

Introduction



***After completing video please click on Next.**

Taking Steps



To reach my goal, I had to develop some steps to stay focused and move forward.

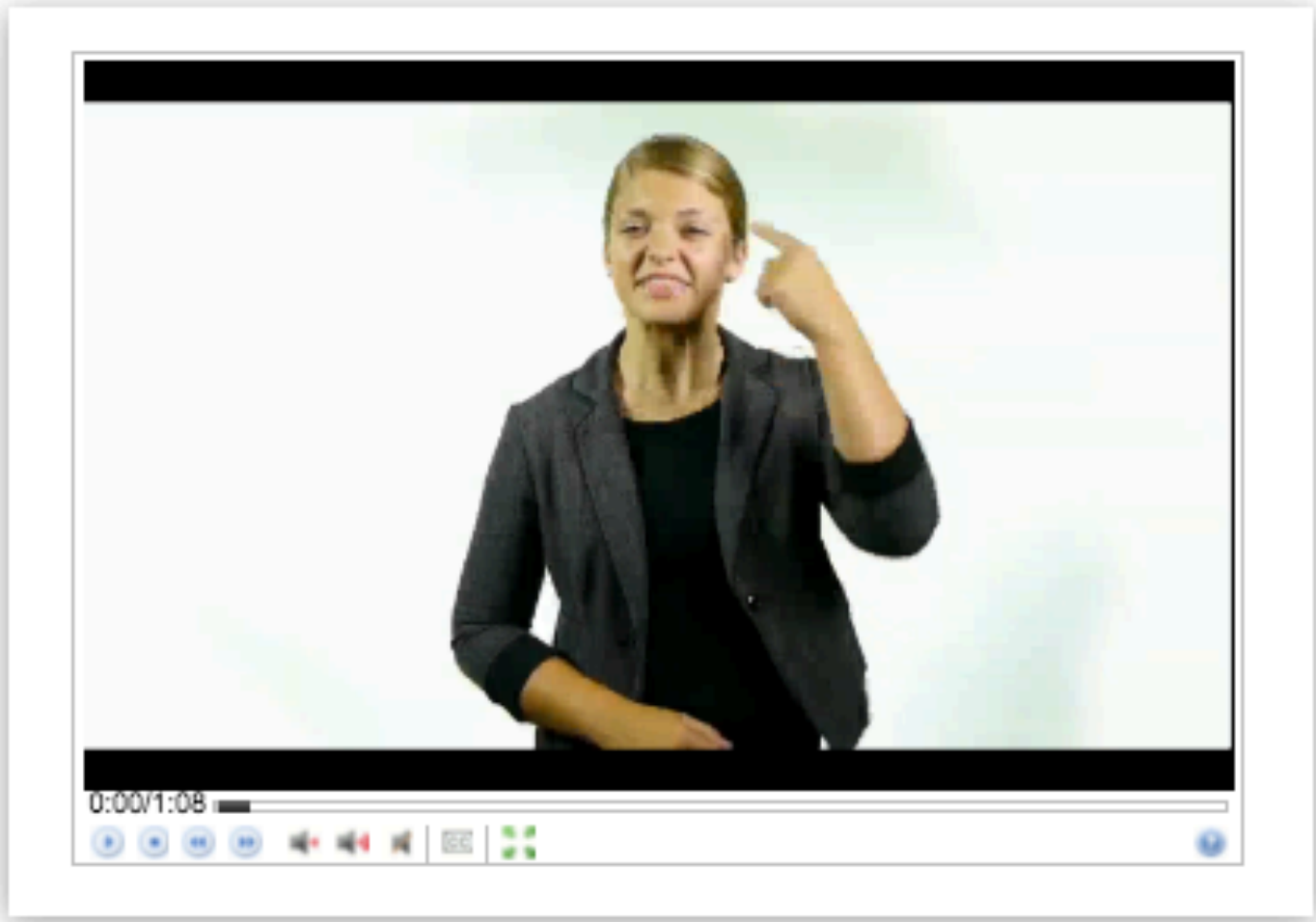


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Manageable Steps



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Darcie's Goals: Career Goal



Become a pediatric nurse



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Darcie's Goals: First Step

What will Darcie do first?

Step 1

- Research schools with a nursing program on Career Central
- Interview my aunt
- Check with team about soft/hard skills

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Darcie's Goals: Short Term Goals

What I can do right now (short term)?



- Improve my grades in math.
- Hand in all my homework on the due dates.
- Study every night, Sunday through Thursday.
- Take study breaks on Friday and Saturday.
- Use the tutor for my science class to make sure I keep my good grade.
- Graduate HS with at least a 3.2 GPA.



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Darcie's Goals: Long Term Goals

What I can do in the future (long term)?

Step 3

- Make appointment with VR.
- Work with my guidance counselor to find three schools to apply to.
- Figure out how much college will cost.
- Ask my parents if they can help me financially with school.
- Talk to my guidance counselor to learn about scholarships.
- Sign up for the ACT test.

Darcie's Goals: Roadblocks

What could stop me from achieving this goal?

Step 4

- Earning less than a 3.2 GPA.
- Not completing 4 years of English.
- Not passing the Math courses required for the program.
- Not learning about the technology for deaf people in medical areas.
- Not advocating for myself with people who think I can't become a nurse because I am deaf.

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Your Turn: Goals



Use this form to write a few different goals. Each goal you write will be saved in your portfolio.

Review Character Profiles: - Select -

1: What is your Career Goal?

2: What 3 things can you do right now (short term) to help you reach this goal?

3: What can you do in the future (long term) to help you reach this goal?

4: What could stop you from achieving this goal?

Submit

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- Valentine's Goals: Developing a Plan

Roadblocks Will Happen

Warning: Roadblocks

You have a goal, but that doesn't mean achieving it will be easy. All goals will have challenges and roadblocks, but the right attitude and soft skills let you develop plans to move forward.



Managing Roadblocks

There sure are lots of decisions I have to make!
Good to know when I have a problem I need to:

- Identify the roadblock
- Evaluate my options
- Develop a plan



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Zachary's Goals: Roadblock

I wanted to be an x-ray technician but I ran into a roadblock.

When I was volunteering in the hospital, I learned that there were some jobs I could not do because of safety reasons. Some of the medical equipment has magnets and it is not safe for a person with a cochlear implant to be around that equipment.



Zachary Goals: Evaluating Options

I had to evaluate my options.

I was disappointed, but I started looking at other options in the medical field that were safe for a person with a cochlear implant.



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Zachary Goals: Developing a Plan

I had to develop a new plan.

I talked about the options with my team, visited different departments, and did some job shadowing. I decided I wanted to be an Ear, Nose, and Throat (ENT) doctor.



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Valentine's Goals: Roadblocks

I wanted to work with young kids in a classroom but I ran into a roadblock.



I applied for a job as a teacher's assistant. I was hired, but nobody there had ever worked with someone who was deaf. It was hard to communicate, and we were all frustrated.

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My Career Map

Click a section below to review and print your answers. For upcoming activities, please print each of the pages from your portfolio.

*Note: Each link opens in a new browser window, the training will remain open in this browser window.

- [Education and Training](#)
- [Career Clusters: Your Turn](#)
- [Your Turn: 3 Jobs](#)
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Read Our Career Maps

Check out our Career Maps!

Click on each character to review their full portfolio profile.



What Do I Want? - Review

In Section 2, you:

- ✓ Explored hands-on experiences through job shadowing
- ✓ Investigated education and training required for jobs
- ✓ Learned about the relationship between education and salary
- ✓ Learned how jobs might fit a worker's personality
- ✓ Learned about Career Clusters
- ✓ Researched career options
- ✓ Developed SMART career goals
- ✓ Identified the steps to achieving that goal
- ✓ Developed plans for addressing roadblocks



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▶ Section Complete

Section Complete

Thank you for completing this Section. Click [here](#) to get your Certificate.